



Menu – Hot Meal Options

Weeks commencing 7th January, 28th January, 25th February & 18th March 2019

	Main Meal	Vegetarian Main Meal	Side Dishes	Dessert
Monday	Homemade Creamy Chicken & Vegetable Pie	Creamy Leek, Green Beans and Cheese Pie	Mashed Potato Puff Pastry	Treacle Sponge with Custard
Tuesday	Chinese Beef & Vegetable Stir Fry	Creamy Vegetable Stir Fry	Egg Noodles	Apple Pie with Custard
Wednesday	Homemade Toad in the Hole	Vegetarian Toad in the Hole	Mashed Potato Green Beans	Pancakes with Golden Syrup
Thursday	Homemade Beef Madras Curry	Vegetarian Madras Curry	Curried Basmati Rice, Onion Bhaji & Naan Bread	Chocolate Mousse
Friday	Battered Cod Fillet / Fish Fingers / Chicken Strips	Vegetarian Nuggets	Chips Beans / Peas	Vanilla Cupcake



Weeks commencing 14th January, 4th February, 4th March & 25th March 2019

	Main Meal	Vegetarian Main Meal	Side Dishes	Dessert
Monday	Cottage Pie topped with Mashed Potato	Quorn Cottage Pie topped with Mashed Potato	Roasted Carrots Peas	Pineapple Upside Down Pudding with Custard
Tuesday	Chicken & Bacon Spaghetti Carbonara	Tomato & Cheese Quiche	Steamed Broccoli	Lemon Sponge with Custard
Wednesday	Lemon & Lime Chicken Legs	Stuffed Butternut Squash	Roast Potatoes Roasted Vegetables & Gravy	Vanilla & Blueberry Cupcake
Thursday	Mild Aromatic Lamb & Spinach Curry	Mild Red Lentil & Chickpea Curry	Basmati Rice Onion Bhaji & Naan Bread	Strawberry Cheesecake
Friday	Battered Cod Fillet / Fish Fingers / Chicken Strips	Vegetable Falafel Nuggets	Chips Beans / Peas	Chocolate Cupcake



Weeks commencing 21st January, 11th February, 11th March & 1st April 2019

	Main Meal	Vegetarian Main Meal	Side Dishes	Dessert
Monday	Beef & Vegetable Pie	Root Vegetable Pie	Mashed Potato Glazed Carrots & Peas	Strawberry Jam Sponge with Custard
Tuesday	Beef Chilli Con Carne	Quorn Chilli Con Carne	Basmati Rice Roasted Carrots	Vanilla Cheesecake
Wednesday	Roast Pork Shoulder	Vegetarian Sausages	Roast Potatoes Roasted Vegetables & Gravy	Fruit Salad with Whipped Cream
Thursday	Red Thai Chicken Curry	Satay Sweet Potato & Spinach Curry (vegan)	Curried Basmati Rice, Onion Bhaji & Naan Bread	Carrot Cake with Vanilla Frosting
Friday	Battered Cod Fillet / Fish Fingers / Chicken Strips	Sweet Chilli Stir Fried Vegetables	Chips Beans / Peas	Chocolate Cake with Chocolate Sauce